

Beyond Medical Care: Taking HOPES' Wrap-Around Services to the Next Level

hysical health is just one piece of the puzzle when it comes to overall well-being. We know that a wide range of issues can impact our health, which is only compounded when access to critical resources is limited.

A holistic approach to care is essential

to meeting a person's diverse — but interconnected — needs. That is at the heart of HOPES' mission to deliver a wrap-around care model that serves all.

Your support helps craft innovative solutions to bring our mission to life. Recently, we've taken our services to the next level as we've ramped up two

exciting programs to help ease the health impacts of legal and financial stress on HOPES patients.

Here's a look at how these and other HOPES programs put your gifts into action to serve those with the fewest resources and options.

Helping Patients Achieve Financial Wellness with Healthy Money Habits

OPES created the Healthy Money Habits program to help patients achieve financial health and economic stability. We offer custom education, coaching, and other services to help people set attainable goals, improve credit and make good budget decisions.

After a temporary hold due to the COVID-19 pandemic, the Healthy Money Habits program gained considerable momentum between May and December of last year.

Thank you for your involvement in this life-changing program.

Program Highlights: Guidance Patients Can Bank On

- (5-course financial education classes) at HOPES and Hope Springs, through our Intensive Outpatient Program, Medication-Assisted Treatment, and Ryan White program
- 54 group classes conducted
- 6,200 educational newsletters distributed

- **62 referrals** from HOPES staff in 2022
- Conducted Financial Wellness presentation for our community at:









"They really should put [Healthy Money Habits] in the curriculum in high school. I learned about budgeting and emergency funds and credit, just all kinds of stuff. I'll be going through life and something will pop up and I'll be able to take something I learned from that class and apply it. And that's really cool."

– Lisa, Healthy Money Habits Participant



Donor Spotlight: Molina Cares

e extend our heartfelt gratitude to Molina Healthcare for the incredible \$100,000 donation to Northern Nevada HOPES and Hope Springs, the only bridgehousing program in our region.

Molina Healthcare's continued generosity and shared belief that everyone deserves access to healthcare AND a safe and stable place to sleep has changed lives. Dedication and support from invested partners like you and Molina Healthcare empower HOPES to continue providing critical care for those who need it most.

Your compassion inspires us to keep moving forward. Thank you for all you have done for HOPES, Hope Springs and our community.

Legal Assistance is in Reach With HOPES' Medical-Legal Partnership

egal issues can pose a major source of stress, especially for those without the financial means to navigate the legal system.

That's why we partnered with Northern Nevada Legal Aid to create the Medical-Legal Partnership, the only program of its kind in the state of Nevada. Through this unique program, we assist HOPES patients onsite, addressing legal issues that impact health and wellness.

With the support of donors like you, patients can come to HOPES for trusted

guidance, paralegal assistance and lawyer referrals. We can help them with notary services, credit report disputes, eviction sealing and certain other legal challenges. While we can't assist with all legal issues like criminal defense or personal injury, we can help with many civil issues.

Since April of 2022, we've received 255 referrals and converted 199 of those to cases or assisted with legal proceedings.

'Worth Saving' — Lisa's Story of Overcoming Addiction and Learning to Stand on Her Own



Before getting connected to HOPES, Lisa was struggling with a decadeslong drug addiction that wreaked havoc on every aspect of her life.

"I was feeling hopeless," she said. "I was battling a horrible addiction [with meth]. It would keep me just a level above, just distracted enough to not kill myself. I was feeling really hopeless and done with life."

She turned a corner when she was ordered by a court to go to rehab. It was there that she heard about Hope Springs, Nevada's first bridge-housing community that provides patients a vital

stepping-stone toward permanent, safe, affordable housing.

Lisa finished rehab in July 2022 and moved into Hope Springs, where she began accessing a range of services, including Medication-Assisted Treatment (MAT), Primary Care, and Healthy Money Habits (HMH), thanks to generous donors like you.

"I love this program so much, it's changed my life," she said. "I have hope now. I don't think about killing myself anymore, it's not even a thought."

Lisa finds she can apply the lessons she learns in her classes to the real world, for example learning to manage her finances in HMH. The MAT program has also made a world of difference when it comes to her recovery. "The drug world has chewed me up and spit me out so many times. I'm done with it. The MAT program has helped me in several ways that I never even expected."

The relationships Lisa has formed with providers, staff and other residents have proven invaluable.

"Everybody that works here, that lives



Give OUT Day is coming!

ive OUT Day is a month-long fundraising campaign in June. It's the only national day of giving for the LGBTQ+ community, which is why we've set an ambitious goal to raise \$50,000. Thanks to the generosity of the Dr. Barry Frank Family, each donation to our Give OUT campaign will be matched up to \$25,000!

That means every dollar you give will be doubled to have twice the impact on your neighbors. Can we count on your support this June?



Scan the QR code to our Mighty Cause donation page!



here, we're a family," she said. She specifically called out HMH teacher Diana and MAT provider Kim for their guidance and care. Lisa hopes to maintain these life-changing connections after she graduates the program.

Most importantly, Lisa has learned to love herself, and she hopes to use her experience to help others one day. "I have self-confidence, I have self-love," she shared. "This place has shown me that I am worth saving and taking care of and stuff, and it's my job to do that. And in doing that, in time, I'll be able to help others. We're all supposed to help each other and that's what this program is about."