

### HEALTHY MONEY HABITS MISSION STATEMENT

The Healthy Money Habits program provides resources and education around money and finances, which help patients to handle financial stressors that may impact their overall health and well-being.

#### Summer is HERE!!!

June is a great time to tackle financial plans.

Whatever your summer plans are, you don't have to break the bank to enjoy the sun and fun!

Whatever your summer plans, you don't have to break the bank to enjoy the sun and fun! Get started on your financial plan for June!

#### Action Items for June:

- Save on Vacation
- Celebrate Smart
- Start Tackling Debt

### CLASS SCHEDULE

<b>TUE 6/6/2023</b> Financial 101 (ENG) 5:30 - 6:30 PM Break Room	<b>WED 6/7/2023</b> Budget (ENG) 11 AM - 12 PM BH Group Room	<b>JUE 6/8/2023</b> Budget (ESP) 8:30 - 9:30 AM BH Group Room
<b>TUE 6/13/2023</b> Financiamiento 101 (ESP) 5:30 - 6:30 PM Break Room	<b>WED 6/14/2023</b> Savings (ENG) 2:30 - 3:30 PM BH Room A	<b>JUE 6/15/2023</b> Ahorros (ESP) 8:30 - 9:30 AM Sala de conferencias de salud mental
<b>TUE 6/20/2023</b> Credit (ENG) 5:30 - 6:30 PM Break Room	<b>MIE 6/21/2023</b> Credito (ESP) 10 - 11 AM Sala de conferencias de salud mental	<b>JUE 6/22/2023</b> Financiamiento 101 (ESP) 8:30 - 9:30 AM Sala de conferencias de salud mental
<b>MON 6/26/2023</b> Financial 101 (ENG) 11 AM - 12 PM Virtual	<b>TUE 6/27/2023</b> Financiamiento 101 (ESP) 11:30 AM - 12:30 PM Virtual	<b>WED 6/28/2023</b> Dealing with Debt (ENG) 11:30 - 12:30 PM Virtual

### DEAR FINANCIAL COACH

#### Q: What are pre-paid debit cards and how do they work?

A: Prepaid cards, also known as store-value cards or pay-as-you-go cards are an alternative to a bank account that only let you spend the money you have loaded on the card. Like debit cards, prepaid cards work at any merchant that accepts this payment method, like Visa or Mastercard. They don't require credit checks and are easy to get, you can purchase them from a retailer, bank, or other financial service provider. Not all prepaid cards were created equal, so it is very important to read about the features of the card and all the fine print. There can be fees associated with the use and access may be limited, take your time and go through the terms and conditions to see if this type of card is right for you.